

HELP STARTS HERE

2-1-1

Great Rivers 2-1-1
Get Connected. Get Help.

Housing & shelter
Mental health support
Parenting needs
Volunteer opportunities
Disaster services
Food resources
Addiction recovery help
Caregiver resources
Community events
And much more...

Great Rivers 2-1-1
Call 2-1-1 or (800) 362-8255

Text your zip code to 898211 weekdays - afternoons and evenings
Live chat: Available weekdays at <https://www.greatrivers211.org/>



GUNDERSEN
HEALTH SYSTEM

A COMMUNITY
SERVICE OF:

Great Rivers 2-1-1
Get Connected. Get Help.
An information &
Referral and Crisis line
24 hours a day,
7 days a week
Free and confidential



Dial 2-1-1 or (800) 362-8255
Language interpretation available
Live chat available online
Text your zip code to 898211
Search 211 database online
greatrivers211.org
Email: gr211@gundersenhealth.org

